



# THANK YOU

for downloading our Claire House teaching resources. Our lesson plans have been created to help you share a little bit of Claire House, whilst also helping you to approach topics that link to the curriculum.

These resources are available in PDF format on our website, but if you would like the original PowerPoint or Publisher documents, please contact Emma at [emma.liney@clairehouse.org.uk](mailto:emma.liney@clairehouse.org.uk)

If you do use these lesson plans with your class, we would love to hear from you. Let us know how they went or if you have any other ideas of what you might like to see in a Claire House lesson plan, please let us know using the same email as above.

Thank you again for downloading these resources, we hope you enjoy using them and that they help you save a little bit of time on your planning!

From the Claire House  
Community Team x



# LESSON PLAN

## MAKING A MEMORY JAR

### YOU WILL NEED:

Salt

Coloured Chalks

Trays (To put the salt in to rub with crayons)

Jars, these can be plastic bottles, glass jars, anything children can bring in from home with a lid that is clear.

Labels for the jars.

OR the memory jar template

### STARTER/WARM UP

The accompanying PowerPoint presentation includes a fun memory game.

Can children remember the image that has disappeared?

Can they remember all 8 images?

Encourage discussion about memories and the part they play in our lives.

### MAIN INPUT

During this part of the lesson, please use the accompanying PowerPoint presentation to briefly introduce our charity. Sharing the 'Understanding the connections' from the next section will help to link the content of this lesson to the work Claire House does.

### UNDERSTANDING THE CONNECTIONS:

At Claire House our councillors play a huge role in helping siblings to remember happy memories of their brothers or sisters. One of the activities they offer to help children to hold on to those memories as they grow up is to make a memory jar. These pin point the happy memories the sibling has and put them in a jar. When the child looks at the jar, they will remember these happy memories.



## ACTIVITY

Children can make their own memory jars. Look at the example on the PowerPoint and read through what a memory jar is.

(Each colour is linked to a memory e.g. going to the beach is yellow, playing football is green for the grass).

To make the jars you can let children colour their own salt or pre colour it.

To colour the salt, pour some into a tray and rub over with the chalk.

Children to think of memories that they have with their families and friends that make them happy. Choose a colour to link with it and write it on their label. Fill their jars with these colours one at a time, tipping the jar each way if they want to make a pattern.

If you don't want to use coloured salt, this could be done as a colouring activity using the jar template provided.



## PLENARY

Give children a chance to share their jars and their memories if they want to (Some children may have personal memories they choose not to share).

Discuss where they could keep their memory jar.

Explain that for some children at Claire House, they display them to remember the happy memories but some children find it difficult to remember all the time, so may put it in a safe place.

## GOING FURTHER

- Write a story about one of their memories.
- Discuss how sad memories affect them and how we support each other to make happy memories,

## LINKS TO CURRICULUM:

- Art/DT
- PSHE
- Recycling

If you have any feedback on these lesson plans and resources please do get in touch with Emma Liney on 0151 343 0883 or [emma.liney@clairehouse.org.uk](mailto:emma.liney@clairehouse.org.uk)



Claire House  
CHILDREN'S HOSPICE



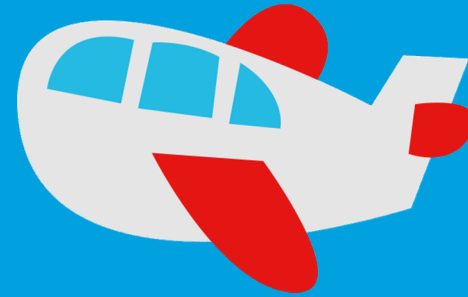
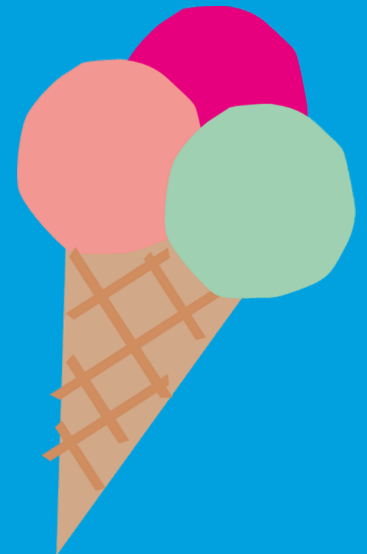
# CLAIRE HOUSE



Claire House  
CHILDREN'S HOSPICE

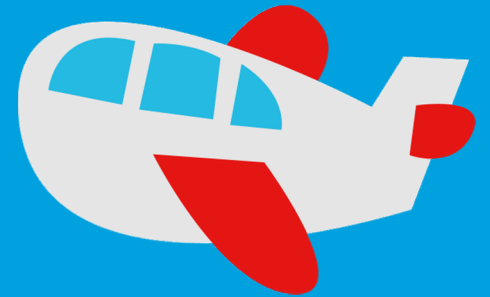
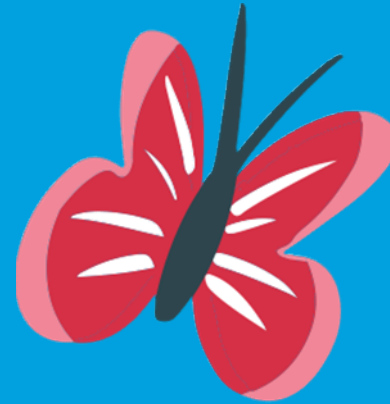
# MEMORY GAME

Which picture gets taken away?



# MEMORY GAME

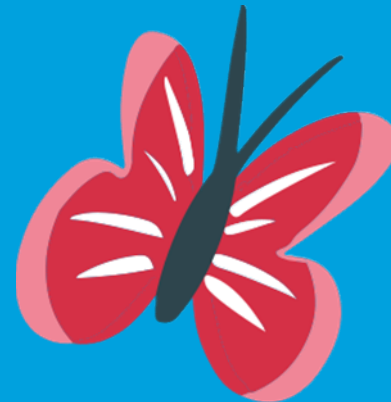
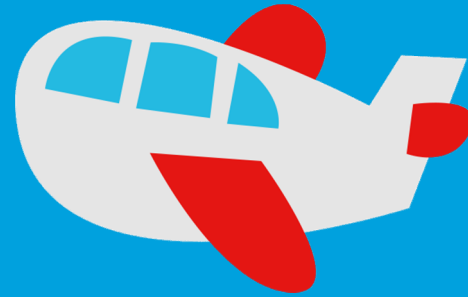
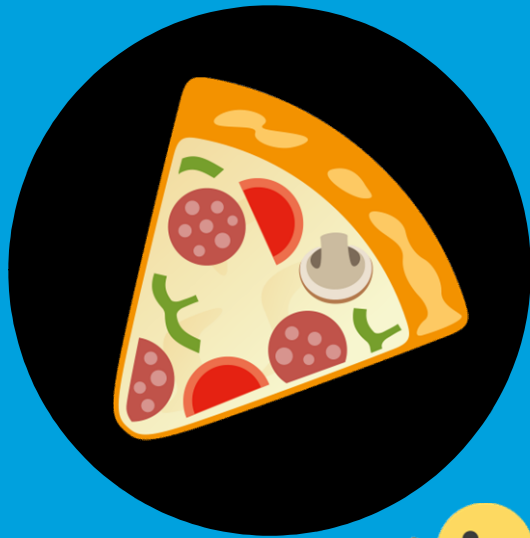
What is missing?



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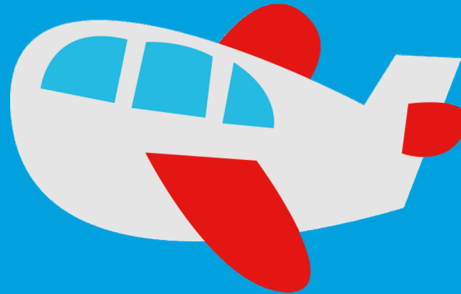
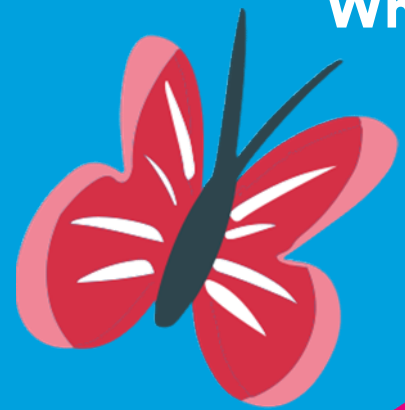
# MEMORY GAME

Pizza!



# MEMORY GAME

What's missing?

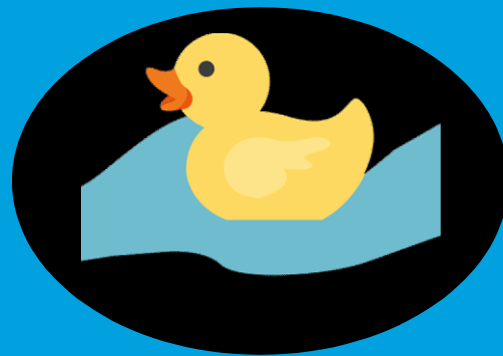
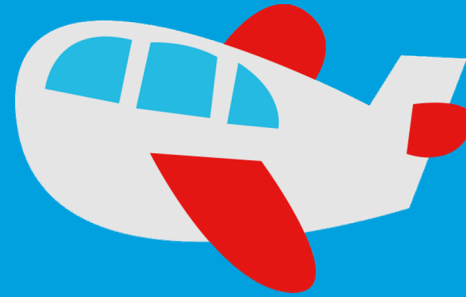


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CHILDREN'S HOSPICE



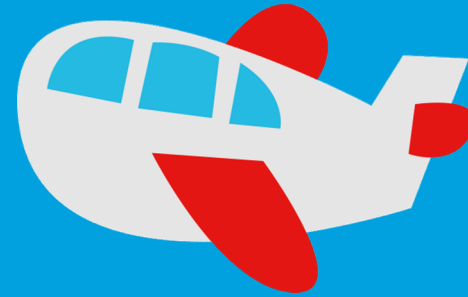
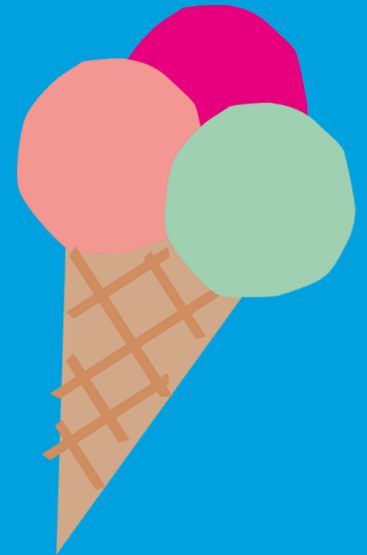
# MEMORY GAME

The duck!



# MEMORY GAME

How many pictures can you remember  
if they all disappear?



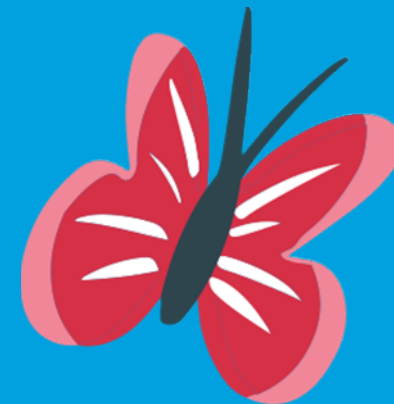
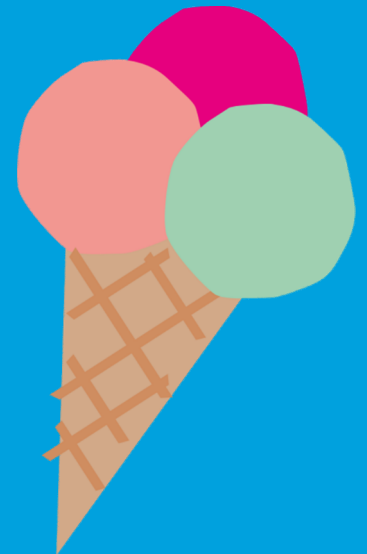
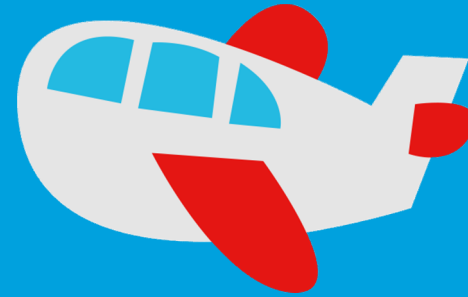
# MEMORY GAME

**How many pictures can you remember  
if they all disappear?**

**How many pictures could you remember?**

**What are memories?**

**Why are they important?**



# AN INTRODUCTION TO CLAIRE HOUSE



**Claire House is a Children's Hospice helping poorly children in the North West.**

**Claire House helps families to make happy memories and have a break.**

**Siblings also can have a break, as sometimes parents have to give more of their attention to their brother or sister.**

**Counsellors can help families to talk about what they are going through.**



**Claire House**  
CHILDREN'S HOSPICE

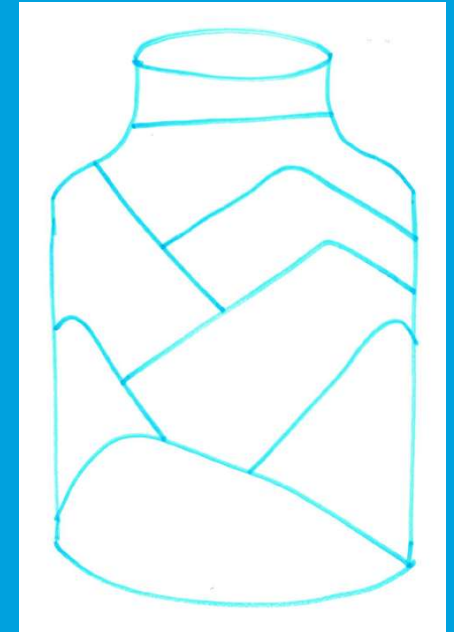
# MEMORY JARS

One of the activities councillors do with the siblings is make memory jars.

These are made with jars and coloured salt or coloured in on paper

Each colour in the jar is linked to a different memory

e.g. “playing football with my brother is green because of the colour of the grass.”



Claire House  
CHILDREN'S HOSPICE

# SHARING TIME



**Now let's share our jars!**

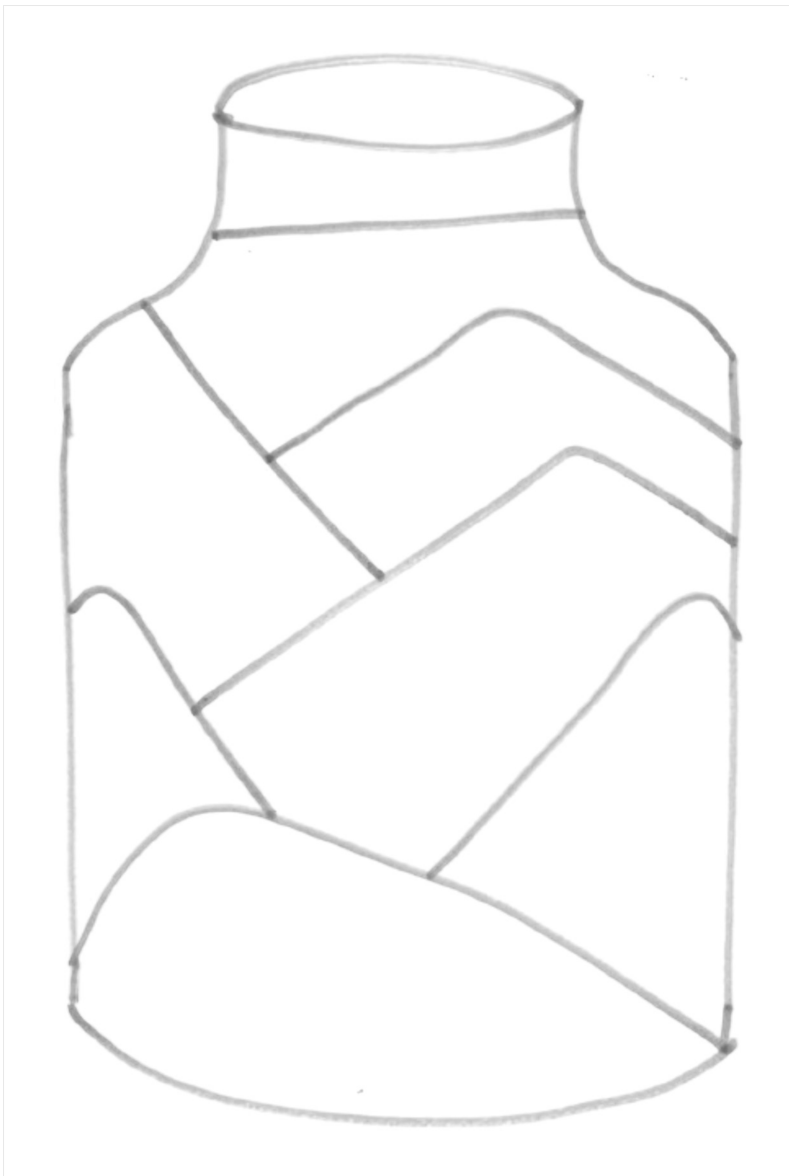
**What memories did you include in your jar?**

**What was your happiest memory?**

**How can we help others to make special memories?**



# MY MEMORY JAR

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CHILDREN'S HOSPICE